

## Library Book Request Form

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### Book Request

Book Title: 10 Steps to Loving Your Body (No Matter What Size You Are)

Author: Pat Ballard

ISBN: 978-1-59719-014-5

Publication Date: June 2008

Publisher: Pearlsong Press

Book Type: Nonfiction (Self-Help/ Personal Growth/ Happiness)

Available from: Ingram Book Co., Brodart and other wholesalers;  
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