

Catherine Kattner

is hereby recognized as a

**SPLENDID SENIOR AMONG US**

*for serving as an inspiration after age 65*

"The reality, as many discover, is that how you age and react to aging is more than physical; you are, to a considerable extent, as old as you feel and think you are. Your mind can stay relatively young and help in meaningful renewals, particularly if you're receptive to new experiences and endeavors."

JACK ADLER

*Splendid Seniors: Great Lives, Great Deeds*



MAY 2007

A handwritten signature in blue ink, reading "Peggy Elam, Ph.D.", written over a horizontal line.

PEGGY ELAM, PH.D.  
FOUNDER/PRESIDENT  
PEARLSONG PRESS