

Jan de Goede
is hereby recognized as a

SPLENDID SENIOR AMONG US
for serving as an inspiration after age 65

"The reality, as many discover, is that how you age and react to aging is more than physical; you are, to a considerable extent, as old as you feel and think you are. Your mind can stay relatively young and help in meaningful renewals, particularly if you're receptive to new experiences and endeavors."

JACK ADLER

Splendid Seniors: Great Lives, Great Deeds



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