



GLOBAL EDUCATION CENTER

4822 Charlotte Avenue – Nashville, TN – 615-292-3023

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presents

Queen Size Diva Dance Weekend & Joy of Movement Celebration*

September 30 & October 1, 2006

Our **Joy of Movement Celebration** offers a weekend of dance and movement classes that welcome queen size divas to celebrate their health, beauty and joy for life. This weekend will mark the beginning of a community culture that recognizes that dancers come in different sizes and shapes, encouraging women to embrace their creativity and develop the ability to express themselves creatively while learning to adapt dance movements to their body type and fitness level. Joining resident dance instructors from the Global Education Center will be visiting guest artist Wendi O'Neal who studies with Coyaba Dance Company in Washington, DC. Local teachers include Cheryl Townsel (West African), Xenia (Modern Egyptian), Lydia Absar (Polynesian), Deymeon McAlpine (Hip-Hop) and Shannon Holland (West African Drumming).



Saturday Class Schedule

10:00 am Registration
11:00 am Dance Movement/Breathing Warm-up Class
12:00 pm Lunch with open forum discussion
1:30 pm West African Dance
2:30 pm Break
3:30 pm Hip Hop Dance
4:30 pm Break
5:00 pm Modern Egyptian Belly Dance
6:30 pm Luau with Polynesian Dance

Sunday Class Schedule

1:00 pm Dance Movement/Breathing Warm-up Class
2:00 pm Break
2:30 pm West African Dance
3:30 pm African Drum Class followed by closing drum and dance circle
(free-style movement sharing in intimate, safe, supportive arena)

Class Fees

\$12 per class

\$10 per meal

\$75 for entire weekend (all inclusive)

Register at 615-292-3023 or globaleducationcenter@juno.com or www.globaleducationcenter.net

***Joy of Movement** was coined by Nashville's beloved yoga teacher, June LaSalvia. It is an honor to incorporate her lingo into our Queen Size Diva Dance Weekend.