



**Hendersonville, N.C.
August 10-13, 2017**

You are invited to join **Mary Lou Wilson** and **Anne Williams** for a weekend of art, writing and storytelling in the Blue Ridge Mountains, hosted at Grouse Run, a beautiful, wooded private property in Hendersonville, N.C. This workshop/retreat is an opportunity to relax, restore and

~Engage your creativity and explore the intimate links connecting visual art, co-creative writing and/or storytelling

~Come along on an expedition to experience the art and literature of American icons Carl Sandburg and Andrew Wyeth

~Enjoy the pristine streams and rivers, lovely gardens and lush forest of Grouse Run and the surrounding area

~Enjoy healthy and delicious meals and comfortable accommodations for an all-inclusive price!



Grouse Run is comprised of 40 acres of majestic forest, gardens, private trails, a 24 foot Medicine Wheel and pristine mountain streams. For an ideal retreat experience, take advantage of the clean and comfortable accommodations available at this secluded property nestled in the mountains of Hendersonville, NC, 25 miles south of Asheville. **Register early to guarantee on-site lodging. Space is limited.**

PRICING and REGISTRATION

\$599

Reserves your space in the retreat, guarantees 3 nights of accommodation, tuition, materials & meals.

\$980 Come with a Friend

Are you and a friend interested in sharing a private room with a queen bed? If so, register together & you'll each save \$109! This option guarantees space in the retreat, tuition, materials & all meals for TWO people.

\$300 Deposit only

Your deposit reserves your space in the retreat. Payment in full is due upon arrival to Grouse Run. *Important information: The deposit is fully refundable up to 15 days before the workshop.*

***If you are interested in attending only certain days of the workshop and/or are not interested staying on-site, please contact Mary Lou Wilson for more information at ph: 828.243.7704, or email: mlgwilson24@gmail.com

**PAYMENT CAN BE MADE BY CHECK
OR BY PAYPAL** (contact Anne for details)

To Register, please email Anne Williams at annerwilliams.art@gmail.com or call 615.587.2873. In an email, use Art.Write.Tell Workshop as your subject line and include your name, ph.#, address and preferred type of lodging.



FACILITATORS



Mary Lou Wilson is a beloved wisdom keeper of the Medicine Wheel traditions. She is the conscious and loving caretaker of the Grouse Run retreat property and Medicine Wheel. Mary Lou has a depth of knowledge in complementary and alternative medicine, nutrition, and energetic healing. The art of Storytelling is a vital part of her personal evolvment and self fulfillment. Each fall Mary Lou heads to Jonesboro for the International Storytelling Festival. She shares her inspiring stories at schools, women's circles and workshops throughout the Southeast.



Anne Williams is a visual artist, published author, story teller and teacher. She was a co-founder of Writers Curiosity Workshops and has facilitated a variety of co-creative learning opportunities including Book Arts workshops in schools to both children and adults. She resides in Nashville where she is a member of the Nashville Library Book Arts group. Anne believes there is an "intimate link between creativity and both personal and planetary sustainability." Go to annerwilliams-art.com to learn more about Anne.



COME JOIN US!